



**GPS Psychology & Anxiety Clinic**  
**Sliding Scale Fee Application for Psychotherapy Services**

**Applicant Information**

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Financial Information**

Please provide the following information to help us evaluate your eligibility for the sliding scale fee program.

1. Current Employment Status:  
 Employed Full-Time  Employed Part-Time  
 Unemployed  Self-Employed  
 Retired  Student
2. Annual Household Income: \_\_\_\_\_
3. Number of Dependents: \_\_\_\_\_

**Supporting Documents** (Please attach copies)

- Recent Tax Return
- Two recent pay stubs
- Unemployment benefits statement
- Other relevant financial documents

**Standard Rates at GPS Psychology & Anxiety Clinic for Behavioral Health Consultation/Therapy (BHC)**

- Initial consultation (BHC intake session): \$150
- Follow-up care (BHC per session): \$75

**Sliding Scale Fee Program**



GPS Psychology & Anxiety Clinic is committed to providing accessible and affordable mental health care. Our sliding scale fee program offers a reduced rate for behavioral health therapy services, covering 4-6 sessions. Ongoing services will be re-evaluated on a case-by-case basis.

Our therapy approach is rooted in evidence-based practices, ensuring precise diagnosing and careful treatment planning. For conditions like OCD, our sessions focus on integrating Cognitive Behavioral Therapy (CBT) with Exposure and Response Prevention (ERP). We empower our patients to become experts in identifying factors maintaining their symptoms and applying evidence-based interventions.

### Sliding Scale Fee Structure

Family Size	100% FPG Income Limit	200% FPG Income Limit	300% FPG Income Limit
1 Person	\$13,590	\$27,180	\$40,770
2 Persons	\$18,310	\$36,620	\$54,930
3 Persons	\$23,030	\$46,060	\$69,090
4 Persons	\$27,750	\$55,500	\$83,250
5 Persons	\$32,470	\$64,940	\$97,410
6 Persons	\$37,190	\$74,380	\$111,570
7 Persons	\$41,910	\$83,820	\$125,730
8 Persons	\$46,630	\$93,260	\$139,890
Each additional person	+\$4,720	+\$9,440	+\$14,160

Based on the 2024 Poverty Guidelines, the following sliding scale fees apply:

- **100% Poverty Level**  
Initial Consultation: \$30  
Follow-up Sessions: \$15 each (for 4-6 sessions)
- **200% Poverty Level**  
Initial Consultation: \$75  
Follow-up Sessions: \$37.50 each (for 4-6 sessions)
- **300% Poverty Level**  
Initial Consultation: \$120  
Follow-up Sessions: \$60 each (for 4-6 sessions)



Ongoing services beyond the initial 4-6 sessions will be re-evaluated on a case-by-case basis, taking into consideration the patient's continued financial situation and therapeutic needs.

### **Declaration**

I hereby declare that the information provided is true and accurate to the best of my knowledge. I understand that any false information may result in the denial of the sliding scale fee application or discontinuation of services.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **Office Use Only**

Application Reviewed By: \_\_\_\_\_

Date: \_\_\_\_\_

Application Status:  Approved  Denied

Comments: \_\_\_\_\_

### **Submit Application**

Please submit the completed application and supporting documents to:

#### **GPS Psychology & Anxiety Clinic**

Address: 850 E. Franklin Rd. Meridian, ID. 83642

Email: office@gpsclinics.com

Fax: (208) 417-3088

For any questions or further information, please contact us at (208) 258-7917